

Missed Lessons & Refund Policy

- 100% if class is canceled by Circle C Swim Center.
- 100% less a \$10 processing fee when written notification is received 3 days prior to the start of the class.
- Prorated refunds may be approved only if requested no later than 3 days after the first class meeting.
- There is a \$5 transfer fee for switching classes.
- No refunds will be given after the second class meeting.
- Please allow 2-4 weeks for check refunds to be processed.
- There are no make-up lessons, credits, or refunds for missed lessons for any reason. Plan your schedule accordingly.
- Make-up classes due to inclement weather, instructor illness, or pool mechanical failure will be held on Saturdays.
- To avoid being charged, private swim lessons must be canceled or rescheduled at least 24 hours prior to the scheduled lessons.
- Private lessons must be used within six months of the purchase date. No refunds for unused lessons will be given after this date.

Liability Waiver: I hereby agree to indemnify and hold harmless the Circle C HOA/Circle C Swim Center and its officers and employees from and against any and all liabilities for any injury which may be suffered by me or by my child arising out of or in any way connected with participation in the program(s) noted above. In case of emergency, my child may be treated by a qualified physician/EMS member:

Signature: _____ Date: _____
Required to Complete Registration Process

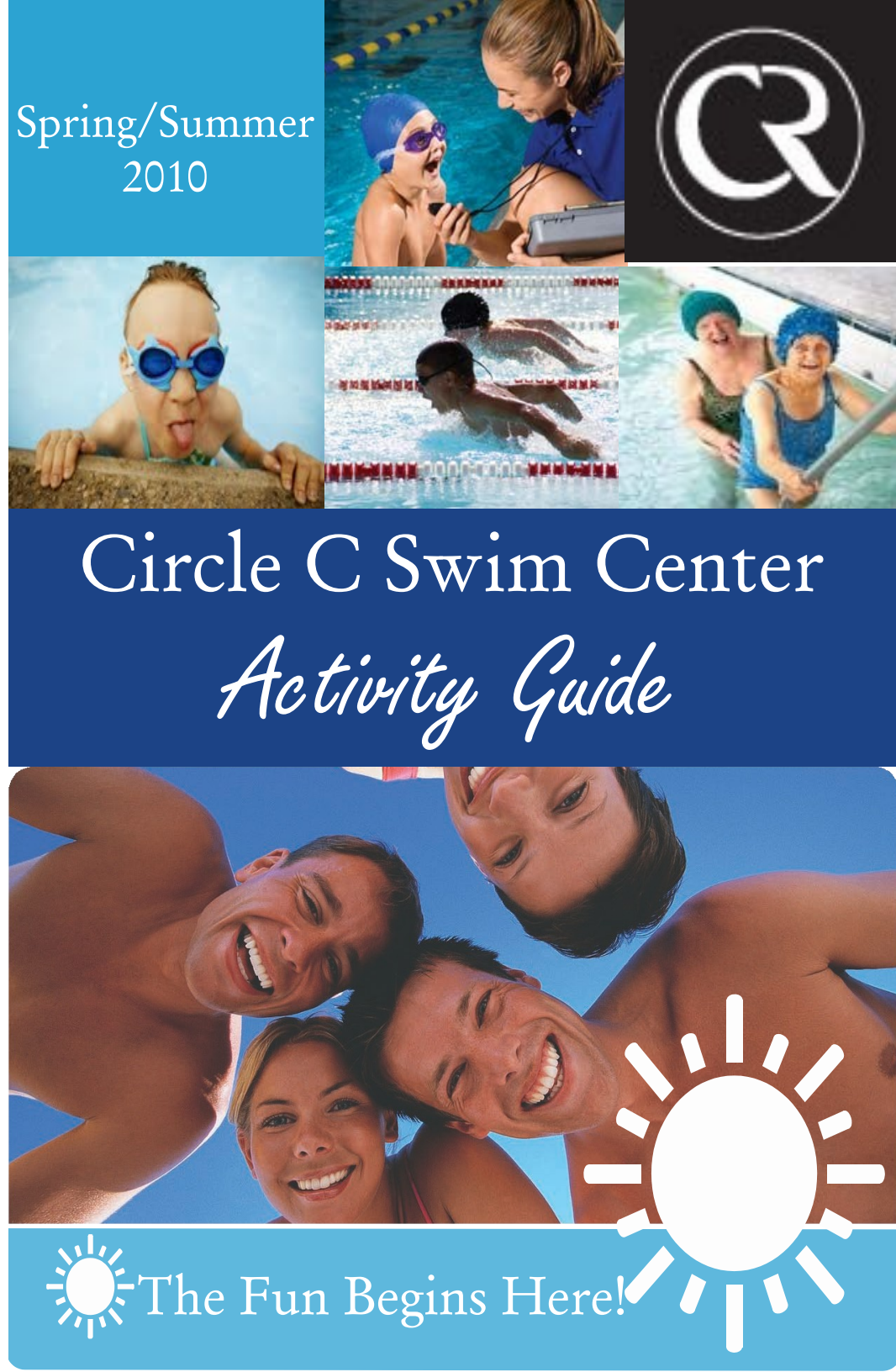
Method of Payment:

Cash Credit Card Cardholder Name (as it appears on card): _____

Check MasterCard or Visa #: _____

Date: _____ Expiration Date: _____


Receipt # _____



Spring/Summer
2010

Circle C Swim Center
Activity Guide

The Fun Begins Here!



MOVIE NIGHT AT THE SWIM CENTER

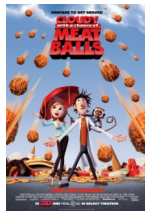
June 12

Where the Wild Things Are



July 10

Cloudy With A Chance of Meatballs



August 14

Planet 51



*Movies brought to you by
Austin Real Estate Partners.
Movie begins at dusk.*

CIRCLE C SWIM CENTER

Welcome to the Circle C Swim Center! The Center features an Olympic size pool that ranges from 3'3" - 5' 2" in depth. The facility boasts a terraced landscape with poolside lounging, basketball court, sand volleyball, café, and a toddler waterscape. Come on in and pick-up your ID card...splash around in the recreational swim area or swim a few laps before lounging by the pool!

Guest Policies

- Circle C residents are permitted four guests per household per visit.
- There is a \$3 fee per person or a \$40 Guest Pass may be purchased by the resident for 25 visits. There is no expiration date on the Guest Pass.
- Children under 3 are free.
- Out of town grandparents and grandchildren are not required to pay a guest fee.
- All guests must sign a liability waiver.
- Guests under the age of 18 must have a parent or guardian sign the waiver.

LAP SWIM ETIQUETTE

- Alert person (s) swimming in the lane prior to entering. For safety, no diving entries please.
- Find a lane that best suits your speed. The lifeguards can assist you if needed.
- When sharing, 2 swimmers split the lane and 3 or more circle swim in a counter clockwise direction.
- For safety reasons, pass at the end of the lane only. Tap the toe of the person in front of you before he/she reaches the wall.
- Please be courteous, understanding and flexible with other swimmers.

SWIM CENTER GUIDELINES

The following guidelines have been established for the health, safety & fun for all.

GENERAL INFORMATION

- All residents and guests must check in through the front desk.
- Residents must be in good standing with their HOA dues in order to utilize the Swim Center.
- CCHOA/Swim Center is not responsible for lost or stolen items. Please leave valuables at home.
- No parking in the red zoned area in front of the swim center.
- No cell phone use in the restrooms.
- Towels are not provided.
- No outside food or drink can be brought in to the swim center. Exception: water
- Animals are not permitted inside the fenced pool area.
- Bikes, rollerblades/roller skates, scooters, and skateboards are not permitted inside the facility.
- No running on the pool deck.

HEALTH RULES

- The pool will be cleared for 30 minutes following any thunder or lightning.
- No gum allowed.
- No tobacco products allowed.
- Persons under the influence of drugs or alcohol will not be allowed to use the facility.
- Persons with communicable diseases transmissible via water, wearing bandages, having open cuts or wounds will not be allowed to use the facility.
- The pool will be closed for a minimum of 1 hour when water contamination occurs.
- Children under 3 or not yet potty trained must wear a swim diaper at all times.



Circle C Seals Clinics

SEALS STROKE CLINIC

Stroke Clinic is for any returning Seals that want to enhance their stroke technique in order to become more competitive. Emphasis will be placed on proper stroke mechanics.

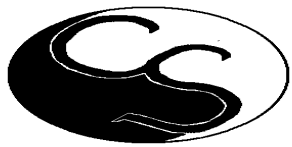
Dates: April 6-9 and April 13-16
(Two Sessions, Monday–Thursday for 1 week each)
Time: 4:45pm–5:45pm
Cost: \$64
Max: 50 Swimmers
Course #: #319 (April 6-9) ; #418 April (13-16)

QUICK START CLINIC

Quick Start is a program set up to give your swimmer the competitive edge by providing instruction on swimming form and technique that will help prepare them for their first season with the Seals Swim Team. Must be able to swim 25yds without assistance. Instruction will cover basic components of the four competitive strokes.

Date: April 6-9 and April 13-16
(Two Sessions, Monday–Thursday for 1 week each)
Time: 4:00pm–4:45pm
Cost: \$54
Max: 50 Swimmers
Course #: #318 (April 6-9); #420 (April 13-16)

For more information on the joining the Circle C Seals Swim team please visit
www.ccrseals.org



Circle C Select Swim Team and Clinic

Circle C Select is a year round swim team organized under the auspices of the Circle C HOA and supported by parent volunteers.

Our mission is to develop each swimmer's technique, conditioning, discipline, goal setting, self-esteem and competitiveness while learning the sport of swimming.

3 Swim Levels: Developmental, Intermediate, Advanced
Registration and team practice begins in August 2010.

For more information on the Circle C Select Swim Team please visit

SELECT CONDITIONING CLINIC

This ongoing youth program is for all ages and will emphasize the following:

- ◆ Proper stroke technique
- ◆ Improve level of fitness
- ◆ Increase confidence

Must be able to swim the following:

200 yds freestyle, 50 yds backstroke, 25 yds butterfly & breast stroke.

Date: Begins April 12

Time: Monday-Thursday, 6:45pm–8pm

Friday, 5–7pm

Cost: \$88 month ~ Resident ; \$108 month~ Non-Resident
\$108 month ~Non-Resident

BABY POOL

- Lifeguard direction must be followed at all times.
- Pool is designed for children 6 and younger.
- Parents must be within arms reach of non-swimmers.
- All children must be accompanied by an adult.
- Floats, noodles and lifejackets are not permitted.
- One person is allowed down the slide at a time. Proper riding position is seated, facing forward.
- Swim diapers or rubber pants must be worn by children who are not yet potty trained. Food and/or drink shall be consumed away from the baby pool.

COMPETITION POOL

- Lifeguard direction must be followed at all times.
- No diving. Feet first entries only.
- Flips, back jumps, splash jumps, shoulder rides and body throws are prohibited at all times.
- Fighting, pushing, rough play and foul language will result in dismissal from the pool complex.
- Only Coast Guard approved floatation devices are allowed. Water wings, floatation suits or inflatable devices are not permitted. Lifejackets are available in outside closet (near the front desk office).
- Kickboards, snorkels, fins, approved masks and other swimming equipment may be used in lap lanes and during special programs only.
- Boogie boards, surfboards, and hard sports balls are not permitted in the pool.
- No running or diving permitted.
- Proper swim attire is required in the pool. No shorts, cut-offs, or t-shirts allowed in the pool.
- Children 9 and under must be accompanied by an adult that can swim. Non-swimmers must be within arms reach at all times.

ADULT COACHED SWIM

SWIM STROKE & EFFICIENCY Gain comfort and confidence that you will have a great swim in your next triathlon. It's never too late to learn the fundamentals and proper technique for swimming. This program will help you maximize your time as you train for your next race. Great for all levels!

Days

Monday, Wednesday, & Friday
5:45am -7am

Cost

- ◆ Residents: \$64 (8 Classes)
- ◆ Non-Residents: \$72 (8 Classes)

WATER AEROBICS

This class is composed of:

- ◆ 25-minute cardio workout with increasing levels of intensity
- ◆ 25-minutes of muscular strength and conditioning using aqua weights and ballet barres
- ◆ 10 minutes of balance and focus including meditation and deep breathing techniques.



Days

Tuesday and Thursday

Time

9am—10am

Cost

- ◆ Residents \$45
- ◆ Non-Residents \$55
(Price is for 8 classes.)

Classes start May 4th.

LIFEGUARDING CLASS

APRIL/MAY

| | | |
|------------------|--------------------|--|
| Friday, April 30 | 5pm - 7pm | Town Lake YMCA |
| Saturday, May 1 | 8am - 9pm | Circle C Swim Center |
| Sunday, May 2 | 8am—1pm 2pm—9pm | Town Lake YMCA Circle C Swim Center |
| Monday, May 3 | 6—9pm | Circle C Swim Center |
| Tuesday, May 4 | 6—9pm | Circle C Swim Center |
| Wednesday, May 5 | 6—9pm | Circle C Swim Center |

(Testing Monday—Wednesday)

REGISTRATION REQUIREMENTS

- * Ages 15 and up
- * Swim 100 yds. freestyle; 100 yds. breaststroke; and 100 yds. choice.
- * Must be able to pull 10lb brick off bottom of 9 foot pool.

COST: \$200

COURSE #: 317

All participants are responsible for arranging transportation to off-site training locations.

WHAT TO BRING

Bathing Suit ~ Towel ~ Goggles ~ Lunch/Snack Money



American Red Cross Class Levels 1 -3 Ages 6 -13

Students entering Levels 2 & 3 must pass the previous level or be able to demonstrate all completion requirements for the previous level.

Level 1: Introduction to Water Skills

The objective of this level is to help students feel comfortable in the water and to enjoy the water safely. Level 1 students are taught elementary aquatic skills, which students build on as they progress through the other levels.

Level 2: Fundamental Aquatic Skills

Students learn to float without support and recover to a vertical position. This level marks the beginning of true locomotion skills. Students explore simultaneous and alternating arm and leg action on the front and back to lay the foundation for future strokes. Level 2 adds to the self-help and basic rescue skills learned in Level 1.



Level 3: Stroke Development

Students work to coordinate the front crawl and back crawl. Students are introduced to elements of the butterfly and fundamentals of treading water in deep water.

www.circlecranch.info
512.288.6057

PRIVATE AND SEMI-PRIVATE SWIM LESSONS

Are group swim lessons not fitting in with your busy schedule? Sign up for private lessons! Private and semi-private lessons are 30 minutes long and are for all abilities. Children under 3 must wear a swim diaper and have their parent in the water with them at all times. Lessons can be purchased in single sessions or in packages of 4 or 8.

Private Swim Lessons

| # of Lessons | Resident | Non-Res. |
|--------------|----------|----------|
| 1 | \$35 | \$45 |
| 4 | \$130 | \$165 |
| 8 | \$250 | \$290 |

Semi-Private Lessons for 2 (pp=per person)

| # of Lessons | Resident | Non-Res. |
|--------------|------------|-------------|
| 1 | \$22.50 pp | \$27.50 pp |
| 4 | \$82.50 pp | \$100 pp |
| 8 | \$145 pp | \$197.50 pp |

Private lessons must be used within six months of date of purchase.

NOTE:
To avoid being charged, lessons must be canceled or rescheduled at least 24 hours prior to the scheduled lesson.



Adult Lessons

We offer private, semi-private, and group lessons for adults as well. There are a variety of instructors to choose from. Come by the front desk for additional information.

SPRING SWIM LESSONS

| Class | Date | Time | Course # |
|----------------------------------|-------------|----------------------------|------------|
| Pollywog (4-5 yrs.) Beginner | April 6-16 | 4:00-4:30pm 5:00-5:30pm | 284 287 |
| Minnow (4-5yrs.) Intermediate | April 6-16 | 4:30-5:00pm 5:30-6:00pm | 291 292 |
| Stingray (4-5 yrs.) Advanced | April 6-16 | 4:30-5:00pm | 296 |
| Level 1 (6-13 yrs.) | April 6-16 | 3:30-4:00pm | 301 |
| Level 2 (6-13 yrs.) | April 6-16 | 4:00-4:30pm | 306 |
| Level 3 (6-13 yrs.) | April 6-16 | 5:00-5:30pm | 309 |
| Pollywog (4-5 yrs.) Beginner | April 20-30 | 4:00-4:30pm 5:00-5:30pm | 285 288 |
| Minnow (4-5yrs.) Intermediate | April 20-30 | 4:30-5:00pm 5:30-6:00pm | 293 294 |
| Stingray (4-5 yrs.) Advanced | April 20-30 | 4:30-5:00pm | 297 |
| Level 1 (6-13 yrs.) | April 20-30 | 3:30-4:00pm | 302 |
| Level 2 (6-13 yrs.) | April 20-30 | 4:00-4:30pm | 307 |
| Level 3 (6-13 yrs.) | April 20-30 | 5:00-5:30pm | 310 |
| Jellyfish 1 (3 yrs.) | May 4 -14 | 4:00-4:30pm | 322 |
| Pollywog (4-5 yrs.) Beginner | May 4 -14 | 4:30-5:00pm | 326 |
| Pollywog (4-5 yrs.) Beginner | May 4 -14 | 5:00-5:30pm | 327 |
| Minnow (4-5yrs.) Intermediate | May 4 -14 | 5:30-6:00pm | 328 |
| Stingray (4-5 yrs.) Advanced | May 4 -14 | 5:00-5:30pm | 329 |

Jellyfish 2 (3years old)

For young students not quite ready for deep water activity, but are ready to swim unaccompanied by the parent. Through games and water play, the student will learn water safety, front glide, back glide, and basic flutter kick. Must be able to go under water unassisted.

Pollywogs (4-5 years–Beginner)

This class is specifically designed to help students ages 4-5 feel comfortable in the water and to enjoy the water safely. In this class, students are taught elementary aquatic skills such as bubbles, floating, putting their head under water, and kicking.

Minnow (4–5 years–Intermediate)

In this new class students will be learning how to float on their front and back independently while also learning skills such as gliding on their front and back, and swimming with support.

Stingray (4–5 years–Advanced)

This class is specifically designed for swimmers ages 4-5 to help them work on their swimming abilities by teaching the front and back crawl, breaststroke, and rotary breathing as well as introducing deep water safety.



SWIM LESSON CLASS DESCRIPTIONS

Circle C Swim Center is committed to providing a quality swim lesson program through:

- Trained and experienced instructors.
- Low student/teacher ratios.
- American Red Cross Learn-to-Swim philosophy and course material.

Parent & Infant (6 -18 months)

Through songs and play, parent and infant will enjoy this water adjustment class designed to promote water safety and introduce babies to a positive water experience. Age guidelines for this class are approved by the American Academy of Pediatrics and the American Red Cross.



Parent & Toddler (18–36 months)

This slightly more structured program introduces young children to very basic swim skills while in the security of their parent's arms. Skills such as bubbles, floating, safe

water entry and exit will be introduced. Children up to age 4 years who prefer to swim with a parent are encouraged to attend. This program is especially designed for the preschooler to transition to group lessons.

Jellyfish 1 (3 years old)

A beginning swim program especially designed for the youngest student. Through games and water play, these sessions will introduce your child to water safety and basic skills such as blowing bubbles, putting their face in the water, and more.

Spring Swim Lessons Cont.

| Class | Date | Time | Course # |
|----------------------------------|-----------|----------------------------|------------|
| Level 1 (6-13 yrs.) | May 4 -14 | 3:30-4:00pm | 330 |
| Level 2 (6-13 yrs.) | May 4 -14 | 4:00-4:30pm | 331 |
| Level 3 (6-13 yrs.) | May 4 -14 | 4:30-5:00pm | 332 |
| Jellyfish 1 | May 18-28 | 9:00-9:30am 4:00-4:30pm | 323 324 |
| Jellyfish 2 | May 18-28 | 9:30-10:00am | 325 |
| Pollywog (4-5 yrs.) Beginner | May 18-28 | 4:30-5:00pm | 333 |
| Minnow (4-5yrs.) Intermediate | May 18-28 | 5:00-5:30pm | 334 |
| Stingray (4-5 yrs.) Advanced | May 18-28 | 5:00-5:30pm | 335 |
| Level 1 (6-13 yrs.) | May 18-28 | 3:30-4:00pm | 336 |
| Level 2 (6-13 yrs.) | May 18-28 | 4:00-4:30pm | 337 |
| Level 3 (6-13 yrs.) | May 18-28 | 4:30-5:00pm | 338 |

SATURDAY CLASSES

| | | | |
|------------------|---------------|---------------|-----|
| Parent & Infant | May 1,8,15,22 | 9:00-9:30am | 339 |
| Parent & Toddler | May 1,8,15,22 | 9:30-10:00am | 340 |
| Jellyfish 1 | May 1,8,15,22 | 10:00-10:30am | 341 |
| Jellyfish 2 | May 1,8,15,22 | 10:30-11:00am | 342 |

All classes run Tuesday–Friday for 2 weeks except Saturday classes.

COST:

2-Week classes: \$84 Resident ~ \$104 Non-Resident
 Saturday classes: \$42 Resident ~ \$52 Non-Resident

2010 Summer

| MORNING CLASSES | | COURSE NUMBERS | | | | | | |
|------------------|-------------|----------------|---------|-----------|-----------------|-----------|------------|-----------|
| Level | Age | Max. Part | Time | June 8-18 | June 22 -July 2 | July 6-16 | July 20-30 | Aug 3 -13 |
| Parent & Infant | 6 -18 mos | 10 | 10:00am | 343 | X | 344 | X | X |
| Parent & Toddler | 18 - 36 mos | 10 | 10:30am | 345 | X | 346 | X | X |
| Jellyfish | 3 yrs. | 3 | 10:00am | 347 | 348 | 349 | 350 | 351 |
| Pollywog | 4 - 5 yrs. | 6 | 9:00am | 352 | 353 | 354 | 355 | 356 |
| Minnow | 4 - 5 yrs. | 6 | 9:30am | 357 | 358 | 359 | 360 | 361 |
| Sting Ray | 4 - 5 yrs. | 6 | 10:00am | 362 | 363 | 364 | 365 | 366 |
| Level 1 | 6 - 13 yrs. | 8 | 10:30am | 367 | 368 | 369 | 370 | 371 |
| Level 2 | 6 - 13 yrs. | 8 | 11:00am | 372 | 373 | 374 | 375 | 376 |
| Level 3 | 6 - 13 yrs. | 8 | 11:30am | 377 | 378 | 379 | 380 | 381 |

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Swim Lessons

| AFTERNOON CLASSES | | COURSE NUMBERS | | | | | | |
|-------------------|-------------|----------------|--------|-----------|-----------------|-----------|------------|-----------|
| Level | Age | Max. Part | Time | June 8-18 | June 22 -July 2 | July 6-16 | July 20-30 | Aug 3 -13 |
| Jellyfish | 3yrs. | 3 | 4:00pm | 382 | 383 | 384 | 385 | 386 |
| Pollywog | 4 - 5 yrs. | 6 | 4:00pm | 387 | 388 | 389 | 390 | 391 |
| Minnow | 4 - 5 yrs. | 6 | 4:30pm | 392 | 393 | 394 | 395 | 396 |
| Sting Ray | 4 - 5 yrs. | 6 | 5:00pm | 397 | 398 | 399 | 400 | 401 |
| Level 1 | 6 - 13 yrs. | 8 | 5:30pm | 402 | 403 | 404 | 405 | 406 |
| Level 2 | 6 - 13 yrs. | 8 | 6:00pm | 407 | 408 | 409 | 410 | 411 |
| Level 3 | 6 - 13 yrs. | 8 | 6:30pm | 412 | 413 | 414 | 415 | 416 |

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Classes run Tuesday through Friday for 2 weeks.
Cost:
 Resident—\$84
 Non-Resident—\$104

REGISTRATION

-The deadline to register for lessons is 5 days prior to the start of class.

-Non-Resident registration begins 2 weeks prior to the start of class.